

The Proclaimer

The Magazine of Burnhead Parish Church

February 2020

Message From The Manse

In Psalm 46 verse 10, you will find the words, "Be still, and know that I am God." As I sit and write this article at the end of January in the aftermath of Christmas, I wonder if any of you found the time to be still during the festivities. In fact I wonder if your lives never seem to calm down, rushing from one thing to the next, trying to keep several plates spinning at the same time. As Queen sang, "Pressure, pushing down on me, pressing down on you."

"Be still and know that I am God" – if only there was time to be still.

In Exodus 14 the Bible tells us that the Israelites escaped from slavery in Egypt. Their lives were anything but still, before they were allowed to leave – obeying every order, working from dawn to dusk – pressure, pressure, pressure. And then when they get their freedom they find themselves stuck between a rock and a hard place – with the Egyptian army bearing down on them on one side, and the depths of the Red Sea on the other. Pressure, pressure, pressure.

The terrified people turn to their leader Moses for reassurance. What could he possibly say to calm their nerves? "Don't be afraid, just stand still and watch the Lord rescue you today." (Exodus 14:13). In the midst of pressure, Moses tells the people to be still. To be still on the inside, reminding them: who is with them, who is for them, who

is fighting their corner.

The same message can be delivered to you today. In the midst of the whirlwind of life: you can be still, you can be calm, you can have peace on the inside – anytime and anywhere – by reminding yourself that God is God, and that God is with you.

When we are still, it not only allows God the space to move in our lives, it also allows us the space to listen to God

So be still and know God so that the peace and calm that can only come from a God who is bigger that any and all of our problems, will be with you

Yours in Christ

Les Brunger (Minister)

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You are here with me now, God, listening, waiting, hoping – help me to do the same.

In my thoughts, may i hear Your voice. In my silence, may i know Your peace. In my words, may i speak Your love. Sharpen my mind, open my heart, soften my will and tune my ears to You.

Amen.

A Man Called Ian

There was a man called Ian. Now as a young lad Ian was always getting in trouble. As a child he was a handful for his parents. The Bible tells us that "man born of woman is but a few day old yet full of trouble". Well, Ian was trouble with a capital T!

One evening after a night out with his pal, walking home Ian saw a crowd of people at a street corner. They were singing, clapping their hands, some even played guitars. Ian asked himself what they were all happy about? As he got closer he heard a young man telling how Jesus had changed his life, then someone got up and said the same. "How can one man change your life" he wondered as the people were inviting anyone to come to their church and hear more about Jesus.

Curiosity got the better of Ian. 'I'll go to this church and see for myself' he thought. At a meeting in the church Ian decided to ask Jesus to come into his heart.

Nowadays, Ian is telling people how Jesus changed him. You see, when Ian accepted Christ, he became a Christ/Ian.

Bill Peattie

Greater is *He* that is in me, than he that is in the world.

1 John 4:4

Path of Renewal

2020 began for me with a 3-day conference on a Church of Scotland initiative called 'Path of Renewal.' This is a three-year undertaking for myself as minister, for a small core group (still to be identified), for the Kirk Session and for the whole congregation of Burnhead Church as its impact spreads out.

We are now one of 75 congregations across 34 Presbyteries to be a part of Path of Renewal (PoR), which is now in its fourth year of activity. We follow in the footsteps of 'the guinea pigs' who have completed the course and reported increased spirituality across all their congregations. But though we follow in their footsteps we do not follow as sheep because PoR is a movement rather than a programme, evidenced in this quote from my first conference.

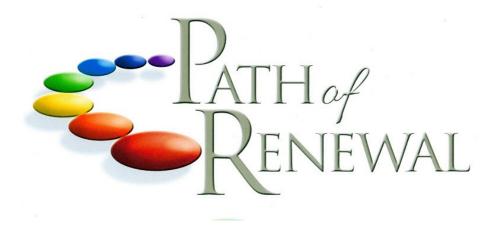
"Path of Renewal does not provide a blueprint for how church should be today but encourages ministers and congregations to work out – together with God – how God is inviting them to be in and with the communities they serve."

The Church of Scotland faces a number of obstacles in this day and age – e.g. falling membership numbers, financial constraints, loss of influence in society, shortages of ordained ministers of Word and Sacrament, an excess of buildings no longer fit for purpose. The General Assembly of 2019 called for a 'Radical Plan' to address these and other issues to allow the Church to fulfil its commission from Jesus: to teach the Word, serve the needs of the people and to makes disciples for Christ. I believe PoR will allow us the time and space to be a more 'Missional Church.' It will give us permission to try without the fear of failure – because only through trying do we learn. It will encourage us to be more engaged with our community and the wider world. It will make our church family and worship more attractive to others. And through nurturing spiritual growth in ourselves, it will enhance our chances of making disciples for our Lord.

We are on the first step of an exciting opportunity for Burnhead Church, and I promise to keep you all informed of its progress as we journey together. The first thing I have to do, is to create a personal Diary Plan that commits certain parts of my time and energy on a daily, weekly, monthly and yearly basis – a plan that I will allow myself to be held accountable to, by the small core group, an appointed mentor and a peer group of ministers who are at the same stage of PoR.

The Church may face challenging times, but I pray that, through your prayerful support and vocal encouragement, God will bless this venture and that we will all be renewed spiritually

Les Brunger (Minister)



<u>Pre-5 Praise</u>

When Jean and I were asked to help at the Pre-5 Praise we said we would pray about it. We felt it was the right thing to do.

Helping out at the Pre-5's is a joy, the children are wonderful, as each child is. It is good to be helping as we have got to meet the mums, dads and grandparents of the children. I think we all feel it is good to interact with others. At Christmas time the party was great fun for the children and the adults.

The Pre-5's are on from 10am till 11:30am. The children learn about Jesus though singing, stories, playing and creating etc.

If you know anyone who would like to join us, they would be most welcome.

It is an honour to help out at Pre 5 Praise!

Jean Findlay and Joyce Hammond

We meet every Tuesday morning that the Primary School is open, from September through till the end of May.

Bible Class

The Bible Class are a small group of young people (Secondary School Year 1 to 4), who meet together on a Sunday morning in the Jubilee Hall. We have fun together as we explore the Bible and learn what it is to be a Christian in today's society.

In September, we welcomed our new assistant Leader into the team, Callum Murphy. Callum had been a member of the Bible Class previously, but is now experiencing it from another angle. He has already been thrown in the deep end and has participated in planning and presenting activities. If you or someone you know is 12 to 16 years old and would like to join us, please speak to Liz McLaughlin, Callum or myself for more information.

The members of the Bible Class ask you if you can keep us in your prayers.

God Bless You All,

Carol Brunger

Youth Fellowship

The YF is going well. We had our Christmas night in the church with a movie while tucking into a takeaway meal we had chosen for ourselves.

We have now purchased the defibrillator we had been raising funds for - it can be found on the wall just outside the large hall. To provide training on how to use the defibrillator, we had a visit from the British Heart Foundation who gave us a course on First Aid. Glad to say all who attended passed and have now received their certificates. Well done!

At the end of January we had an alternative Burns Night. Addressing the dumpling, we had a Scottish-themed Quiz and Highland Games. Everyone had fun and we are looking forward to more fun nights in the weeks and months ahead.

If you are from the age of 12 and 25 and would like to join in, come along on any Sunday night - we meet between 7:15pm and 8:45pm and you will be assured of a warm welcome.

God Bless,

Liz McLaughlin

THE GRADY MEMORIAL GARDEN

January 2020. Well here we are, a new month, a new year, a new decade and guess what, I'm still gathering leaves! I don't know where they are all coming from but there are still plenty waiting to be gathered. The great thing about getting to the stage where the last of them are being rooted out is that all the new growth show their faces. I was clearing away the layer of leaves at the fence area that backs on to the glen the other day and my smile just got bigger as I went along. There were so many different plants starting to grow. The soil was made up of some of the leaves that had rotted into leaf mould, lovely. While I was working, the birds were singing and it sounded like they were talking to one another. In my imagination they were planning to come down when I went away to look for any food that I may have disturbed. Anyway, it was a lovely afternoon just working away; the sun was even shining!

Most plants have survived the winter and some have even grown. The Christmas rose has done really well in the three places it was planted a few years ago. I am so pleased it has, it was given to me to plant by friends of our former organist Edith Ferguson. The Snowdrops as usual are the first to show their heads and some are popping up in places I don't remember planting them. The Daffodils are also pushing their way through. Some of the Primula from last year have flowers on them, not a lot, but they are trying to keep up with the other two. We should soon have some colour in the flower beds.

I was also given a very generous gift from the Crochet Club in celebration of their tenth year. This money will be used to plant some heather in the garden in memory of Agnes Wood who started the club. The remainder will be used to replenish the gravel in several parts of the garden.

I am looking forward to the coming year and I am hoping that the weather allows me to get things done to enhance what we have already achieved.

Ann Russell

SOCIAL & WELL-BEING TEAM

Here we are, a New Year and hopefully new ideas for how we, as a team, can help our Church family get to know each other inside and outside of the Church buildings.

As you are no doubt aware, the Christmas Fayre was a great success. Thanks to everyone who helped and also to the local community who never let us down.

Our theatre nights have proved to be a great success in the past, and we are hoping to arrange another one this year. The Pantheon Theatre Group are doing a production of West Side Story at the Theatre Royal, Glasgow, 26th-30th May this year. At the moment we are not sure what price the tickets are, but if anyone is interested in going can they please let Liz Lacey know and we can then start organising things.

We are also thinking of organising a bus trip in the summer for the grown-ups, which will include lunch. Before we can start looking into this we need to know how many people would be interested in going. So if you fancy a wee day out, please speak to any member of the team. We can then start looking at different places and get things rolling as soon as possible.

Better not forget The Mens' Breakfast Charity Dance in Burnhead Bowling Club on Friday 20th March, tickets are priced at £4 each and all proceeds are going to the Neo-Natal Unit at Wishaw Hospital.

Please see Hugh Brownlie or Douglas Pearson who will be only to pleased to take your money and provide you with a ticket.

We are continually looking for ideas for bringing our Church Family together, so if you can think of anything, please let us know and we will see what we can do.

Liz Lacey

Social & Well-being Team Co-ordinator

The SonHouse – Anne Morton

2019 has gone and we're now into a new year and also a new decade. It's a time of new beginnings, hopes and challenges. Our hope is that the children in our care come to know just how awesome God is and how much He loves them.

We finished our 2019 session with our Christmas party which, as always, was enjoyed by all. This was followed by the Nativity on the Sunday. Because of our varying numbers we weren't able to do a traditional nativity. Instead, the Christmas story was told using the letters of the alphabet. The children did really well considering they didn't know what letter they would be given so they were not able to learn their lines in advance.





On our first Sunday back we looked at Jesus feeding the 5000 through a video & crafts. The children also learned a memory verse using balloons which were then burst with the help of one of our puppets.

Over the next few weeks we continue the theme of Jesus miracles through stories & discussion in our groups & also another altogether time of videos, craft & games.

Once again, we thank you for bringing the children along each week. They so enjoy what we do & the leaders learn so much from them too.

Thank you for all your support and we would ask that you keep the young ones in your prayers.





WELCOME TEAM



The Welcome Team are continuing their work to engage with the members of our congregation and the local community and ensure that everyone is made welcome at Burnhead Parish Church.

Over the next few months, we will explore opportunities and ideas that will endeavour to assist with our aim.

If you have any ideas or suggestions or wish to join the team please feel free to talk to any member of the team,

The Welcome Team

PROPERTY

The property continues to be in good order.

Hand driers will be fitted in the toilets soon which will replace the existing paper towel dispensers.

New cupboards are due to be built at the rear the large hall adjacent the door to the



Extension which will provide some much needed storage space for the cleaning materials. The cupboards will be the same as those on the car park side where the rectangular tables are kept.

As always, if you see any issue you wish to report, there is a property book hanging on the wall between the kitchen and the vestry.

Douglas Pearson

Property Convenor

RECYCLED TEENAGERS

Recycled teenagers is a group for the older generation who are still young at heart.

The group is led by Rev. Brunger and we meet in the Jubilee Hall on the first Tuesday of the month between the hours of 1:30pm and 3:00pm. We start the afternoon with tea, cakes, biscuits and a good chat with friends. We then move on to do gentle chair exercises which are good fun and there is always much laughter. We play board games, card games, bingo, reminisce or have a Speaker.

Everyone has fun and we share good fellowship. All are welcome and we would be delighted to welcome you.

THE SUMMER SONHOUSE

The 'Summer SonHouse' runs from the 28th of June till the 9th of August. This allows our hard-working SonHouse leaders some time off.

If you would like to volunteer to lead the SonHouse one or two Sundays during this period please speak to Liz McLaughlin or Carol Brunger to arrange suitable dates. All materials will be supplied.



KIDS' CLUB – PYRAMID ROCK

Advance notice that this years Kids' Club, Pyramid Rock will run from Monday 24th to Friday 28th August. As always, there is a lot of preparation work required in the lead up to the week and also during the week itself. As such, we are always looking for helpers and ask that if you are able to spare some time to help out could you speak with Liz McLaughlin or any of the Young People Team.

Financial Report

October 2019

Income: £3420.82 Expenditure: £4,482.03 Deficit: £1,061.21

The only extra expenditure this month was a £200 donation to Viewpark Appeal.

There is a year-to-date deficit of £5,601.27. Ministry & Mission is fully paid up now so that's a saving of £3,215.20 for November and December.

November 2019

Income: £6,906.56Expenditure: £1,509.39Surplus: £5,397.17We had a photo copier bill for £213.62. There was a spend of £356 on materials for
the Christmas Fayre. Communion wine was £94.57.

We were in a plus position of £5,397.17 for the month. No Ministry and Mission so this made a big difference. Year-to-date is in deficit of £204.10

December 2019

Income: £8,415.05Expenditure: £2,406.62Surplus: £6,006.43We had a rebate from HMRC of £3,290.68 and Christmas appeal income of £850.

Offering envelopes ordered this month £350.16. Gas and electric £341.49 and £244.16. Ministers expenses were £540.15.

Year-to-date surplus is £5,802.32 so we ended the year in a credit position.

However we received an extra quarter rebate from HMRC as we were behind last year which comes to about £3300 a quarter. So really we would be about £2500 to the good.

Retiral offerings were £84.20 to the Girls' Brigade in October, £98.50 to Poppy Scotland in November and £62.52 for the SonHouse in December.

Margaret Muir, Treasurer



If you are a UK taxpayer, Gift Aid offers a simple way to increase the value of your gift to charity by allowing the charity to reclaim the tax on your gift. Currently, charities are able to claim an additional 25p from every £1 donated by UK Tax Payers.

To qualify for Gift Aid the amount of Income Tax and/or Capital Gains Tax for each tax year (6 April to 5 April) must at least equal the amount of tax that all the charities that you donate to will reclaim on your gifts for that tax year. Other taxes such as VAT and Council Tax do not qualify.

You can calculate the amount of tax the charity will reclaim by multiplying the amount you give by 20/80 (20% being the basic rate of tax).

Uddingston Burnhead Parish Church Gift Aid Report 2018/19...

•	Contributions	£29,141.42
•	Tax Recovered	£ 7,285.33

Remember, the amount of tax to be reclaimed must not exceed the amount of tax paid by you.

The following is an example of how to calculate the amount you are entitled to Gift Aid:

Donations made by you on which Gift Aid has been claimed...

• • •	Church Offerir Chirstmas App Other Charitie	beal	£520.00 £ 30.00 £ 50.00	
•	Total		£600.00	
Income Tax Paid By You				
•	PAYE (say) Other		£300.00 £ 15.00	
•	Total		£315.00	
Tax Recovered By Charities				
•	Church Other	£550 x 25% £050 x 25%	£137.50 £ 12.50	
•	Total		£150.00	

Therefore, Income Tax Paid is more than Tax Recovered \checkmark

For more information, please speak to David Green, our Gift Aid Convener.

Prayer Team

Since the last Proclaimer was published the prayer team have created a prayer room set within the McFarlane room. Inside there are lots of different 'stations' which offer suggestions on different ways we as individuals can use the room to pray. We used the room to facilitate a '12 Hours of Advent Prayer' event, which took place on Saturday the 30th of November. Members of the congregation volunteered to use the room for 30 minutes each in which they prayed to our Lord for themselves, their family, friends and our community. An opportunity to put God first as we moved into the season of Advent. The prayer room was used continuously for the 12 hours and the responses from those involved included, "so peaceful", "I wish it was for longer" and "lovely to have the opportunity to pray knowing you wouldn't be disturbed". The prayer room was also open during Advent for anyone to use on Tuesdays 9.30 till 11.30am, Wednesdays 10 till 11am, and Thursdays 9.30 till 2pm. This has been so well received by the congregation, that the prayer team have decided to continue to have it open for your use during these times and also from 1pm on Fridays. So feel free, pop in and enjoy the quiet time to converse with our Lord.

At present the prayer team are beginning to plan another event which will take place at Easter. More info coming soon!

Our prayer WhatsApp group and Text Circle continue to pray for those on our prayer lists and names which are forwarded by our minister or members of our congregation. If you wish to join one of these groups please speak to myself or another member of the team and if you would like us to pray for you or a particular situation, please fill in a form situated on the prayer table at the back of the church sanctuary.

God Bless You All,

Carol Brunger

Week to Week at Burnhead

Sunday: 11:00 – Service of Worship

- 18:30 Communion Service (1st Sunday of the month)
- 11:00 SonHouse, Bible Class & Crèche
- 19:15 Youth Fellowship
- 13:00 AA
- 19:00 AA
- Monday: 19:30 The Guild 19:30 – Choir
- Tuesday:10:00 Pre-5 Praise (During School Term Time, till 11:30)13:30 Recycled Teenagers (1st Tuesday of the month)

Wed'sday: 09:30 – Crochet Club (till 11:30)

- 10:00 Vestry Hour *(till 11:00)*
- 10:00 Citizens Advice Bureau (till 13:00)
- 13:00 AA
- 18:00 The Girls' Brigade
- Thursday: 09:30 Reflections Service 11:00 – Rock Café (*till 14:00*) 19:00 – Girl Guides 19:00 – Al Anon 19:15 – Bible Study
- Saturday: 09:30 Mens' Breakfast (2nd Saturday of the month) 19:00 – AA

Hall lets are available for birthday parties, etc. Please contact Rev Les Brunger (01698 813716) or Douglas Pearson (07480 928597) for more information.

<u>What You Have</u>

Enough happiness to keep you sweet Enough trials to keep you strong Enough sorrow to keep you human Enough hope to keep you happy Enough failure to keep you humble Enough success to keep you eager Enough friends to give you comfort Enough wealth to meet your needs Enough enthusiasm to look forward Enough faith to banish depression

Enough determination to make each day better than yesterday

Thank you to Ann Russell for submitting this poem..

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Once a man was walking along a beach. The sun was shining and it was a beautiful day. Off in the distance he could see a person going back and forth between the surf's edge and the beach. Back and forth this person went. As the man approached, he could see that there were hundreds of starfish stranded on the sand as the result of the natural action of the tide.

The man was struck by the apparent futility of the task. There were far too many starfish. Many of them were sure to perish. As he approached, the person continued the task of picking up starfish one by one and throwing them into the surf.

As he came up to the person, he said: "You must be crazy. There are thousands of miles of beach covered with starfish. You can't possibly make a difference." The person looked at the man. He then stooped down and pick up one more starfish and threw it back into the ocean. He turned back to the man and said: "It sure made a difference to that one!"

<u>ME...</u>

I spoke to myself this morning; There is nobody else, you see. I'm by myself every day alone, So I can only talk to ME.

I have to cook my breakfast, My dinner and my tea, And to tell me what I'm needing, There is nobody else by ME.

And if my egg is boiled too hard, Or if I forget to make the tea, And if my toast is burnt again, I can only put the blame on ME.

Though I've no one else to talk to, All day long I find I'm free To talk to a most intelligent man, With A SMILE ON HIS FACE; THAT'S ME...

ME... was written by Gordon Dungey of Bothwell and taken from "Thoughts", a book of poems in aid of "Tak Tent" Cancer Support Group, Scotland. Thank you to Molly Russell for submitting this poem..

REVELATION DREAM

The Book of Revelation has often been described as a book of dreams and visions

I'd like to share with you a reflection I came across that made me stop and think about a lot of what is hinted at in the Book of Revelation

In that place between wakefulness and dreams, I found myself in the room. There were no distinguishing features except for one wall covered with small index card files; the ones like you used to get in libraries that list titles by author or subject in alphabetical order. But these files, which stretched from floor to ceiling, had very different headings.

As I drew near the wall of files, the first to catch my attention was one that read "Girls I have liked". I opened it and began flipping through the cards. I quickly shut it, shocked to realize that I recognized the names written on each one.

And then without being told, I knew exactly where I was. This lifeless room with its small files was a crude catalogue system for my life. Here were written the actions of my every moment, big and small, in a detail my memory couldn't match.

A sense of wonder and curiosity, coupled with horror, stirred within me as I began randomly opening files and exploring their content.

Some brought joy and sweet memories; others a sense of shame and regret so intense that I would look over my shoulder to see if anyone was watching.

A file named "Friends" was next to one marked "Friends I have betrayed."

The titles ranged from the mundane to the outright weird -Books I Have Read - Lies I Have Told - Comfort I have given -Jokes I Have Laughed at.

Some were almost hilarious in their exactness: 'Things I've yelled at my brothers'.

Others I couldn't laugh at - Things I Have Done in My Anger -Things I Have Muttered Under My Breath at My Parents.

Often, there were many more cards than I expected, sometimes, fewer than I hoped.

I was overwhelmed by the sheer volume of the life I had lived. Was it possible that my life could have filled each of these thousands or even millions of cards?

But each card confirmed the truth.

Each was written in my own handwriting, each signed with my signature.

When I pulled out the file marked "TV Shows I have watched", I realized the files grew to contain their contents.

The cards were packed tightly, and yet after two or three metres, I hadn't found the end of the file. I shut it, shamed, not so much by the quality of shows but more by the vast time I knew that file represented.

When I came to a file marked "Lustful Thoughts," I felt a chill run through my body. I pulled the file out only an inch, not willing to test its size, and drew out a card. I shuddered at its detailed content. I felt sick to think that such a moment had been recorded.

An almost animal rage broke on me. One thought dominated my mind: "No one must ever see these cards! No one must ever see this room. I have to destroy them" In a fury, I yanked the file out. Its size didn't matter now. I had to empty it and burn the cards.

But as I pulled out a card, I found it was as strong as steel when I tried to tear it.

Defeated and utterly helpless, I returned the file to its slot.

Leaning my forehead against the wall, I let out a long selfpitying sigh.

And then I saw it... The label said "People I Have Shared the Gospel With."

The handle was brighter than those around it, newer, almost unused. I pulled on its handle, and a small box not more than three inches long fell into my hands. I could count the cards it contained on one hand.

And then the tears came. I began to weep: sobs so deep that they hurt. They started in my stomach and shook through me. I fell on my knees and cried. I cried out of shame, from the overwhelming shame of it all. The rows of file shelves swirled in my tear-filled eyes.

No one must ever, ever know of this room. I must lock it up and hide the key. But then as I pushed away the tears, I saw him.

No, please not him. Not here. Oh, anyone but Jesus. I watched helplessly as he began to open the files and read the cards.

I couldn't bear to watch his response.

In the moments I could bring myself to look at his face, I saw a sorrow deeper than my own. He seemed to intuitively go to the worst boxes.

Why did he have to read every one?

Finally, he turned and looked at me from across the room. He looked at me with pity in his eyes. But this was a pity that didn't anger me. I dropped my head, covered my face with my hands, and began to cry again.

He walked over and put his arm around me. He could have said so many things, but he didn't say a word. He just cried with me.

Then, he got up and walked back to the wall of files. Starting at one end of the room, he took out a file and, one by one, began to sign his name over mine on each card.

"No!" I shouted, rushing to him. All I could find to say was "No, no," as I pulled the card from him.

His name shouldn't be on these cards. But there it was, written in red so rich, so dark, so alive.

The name of Jesus covered mine. It was written with his blood.

He gently took the card back. He smiled a sad smile and began to sign the cards.

I don't think I'll ever understand how he did it so quickly, but the next instant, it seemed I heard him close the last file and walk back to my side.

He placed his hand on my shoulder and said, "It is finished."

I stood up, and he led me out of the room.

There are still cards to be written in all our lives - for his name's sake, amen



Easter Egg Prize Quiz

There will be a prize for Pre-Primary. Primary & Secondary Aged children.

1.	What is the week prior to Easter known as?
2.	What did Jesus ride triumphantly into Jerusalem on?
3.	What name do we call the Thursday before Easter?
4.	On the Thursday before Easter. what did Jesus do to the disciples feet? \ldots .
5.	What was the name of the garden Jesus prayed in?
6.	Who denied Jesus three times?
7.	What did the soldiers put on Jesus' head?
8.	What was hammered into Jesus' hands?
9.	What was Jesus' last words?
10.	What did the soldiers pierce Jesus' side with?
11.	What was placed in front of the tomb?
12.	Tie breaker - What things happened to JESUS next.?

Answers on a sheet of paper with your name on it should be handed to the Minister on or before Sunday 5th April.

The Proclaimer is the magazine of

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